



2. *Potential / Limited* (Eph. 4:19-24; Col. 3:9-10; 1 Cor. 4:3-4; 1 Ptr. 4:10-11; Eph. 2:10; Ps. 90, 127:2; Gen. 2:2-3; For “moral proximity” passages: below)

3. *Satisfaction / Self-Denial* (Ps. 16:11; Ecclesiastes; 1 Cor. 7:1-5; Col. 2:20-23; 1 Tim. 4:7-8)

## Implications

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### Life Work:

- How do you view your own body? How would you describe the relationship of your soul to your physical self? How do they interact or intersect? Do you view one as more important than the other? Use examples from your life. [This will not be a follow-up question for the class next week. 😊 ]
- What is your reaction to 1 Cor. 6:19b-20? “You are not your own, for you were bought with a price. So glorify God in your body.” How might this verse change the way you currently live?
- Which of the three tensions mentioned above do you feel the most intensely? Why? Spend time asking God to help you with this tension. Open up to someone you trust about it and invite them to pray for you. Consider one practical way this week that you can be active in trusting the Holy Spirit to change this area of your life.

- Read and meditate on one of the following passages of Scripture in light of what we have learned about the body's importance: Psalm 139, Romans 8, John 1:1-18, Philippians 1:19-2:11, Ephesians 5