



# ONCE EMPTIED NOW EXALTED

PHILIPPIANS 2:5-11

## GETTING STARTED

- What does it mean to be humble? Is there someone in your life whom you would say is a humble person? Why do you think of them that way?

## SCRIPTURE STUDY

**Before you begin:** *Open with prayer and spend a minute or two in silence before God. Have multiple people ask the Holy Spirit to enter into your time together and illuminate your hearts and minds to scripture.*

- Have someone read the passage aloud and note any observations, questions, and exciting insights you found while reading through the text to share with the group. What jumped out at you? What was something you noticed now that you didn't see before?
- Meditate together on verse 6. What does Paul mean here by "equality with God as a thing to be grasped" how is this a reversal of Adam and Eve in Genesis 3?
- Describe what Paul means when he says Jesus "emptied himself." What does it mean for Jesus to be made in the likeness of man?
- What do we learn about Christ's humility in v.8? How does this affect how we approach what it means to be a disciple of Jesus?
- Why exactly does God enable humility for victory? How is this consistent with God's character and the Christian life?

## WRAPPING UP

- Being humbly submitted to Jesus is the core of what it means to be a disciple. What is the biggest struggle for you when it comes to practicing humility? If you're stuck on this one perhaps your spouse can help ;)